

STAGE 1 PRESSURE ULCER

Wound Definition

Stage 1 pressure ulcers are non-blanchable erythema of intact skin, the heralding lesion of skin ulceration. In individuals with darker skin, discoloration of the skin, warmth, edema, indurations or hardness may also be indicators.

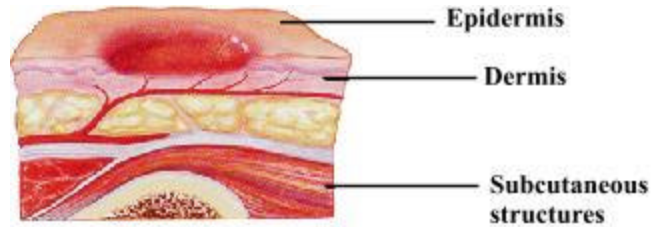


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Goals

- Protect from moisture.
- Protect from pressure.
- Prevent further injury.

 **Standard Treatment Protocols**

 **Prevention**

Dressing Applications:

- ▶ [ULTEC PRO Hydrocolloid Dressing](#)
- ▶ [POLYSKIN II Transparent Film Dressing](#)

NOTE: The procedures listed above are guidelines. They are not meant to replace any existing protocols or institutional policies. The dressings used on these pages may not be covered under current Medicare reimbursement guidelines. Contact your local Sales Representative for more information

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Standard Treatment Protocols:

- Gently cleanse site, rinse and pat dry. If skin is dry, apply a moisturizing lotion.
- If skin does not appear dry and you are unable to relieve all sources of pressure, friction or moisture, apply PREPPIES Skin Prep to the discolored area and let dry.
- Dressings such as ULTEC PRO Hydrocolloid Dressings or POLYSKIN II Transparent Film Dressings can also be used to protect the wound from further injury.
- Take active measures to reduce or eliminate pressure at the wound site.

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Prevention:

The best way to treat a wound is to prevent it from ever occurring. Let the following guidelines assist you.

- Decrease or eliminate external pressures • Reduce moisture from incontinence or other sources.
- Employ pressure relief devices, if practical.
- Be sure the patient is receiving adequate hydration and nutrition and address any underlying medical conditions that may contribute to wounding.

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Application:



ULTEC PRO Hydrocolloid Dressing

1. Choose an ULTEC PRO Dressing large enough to cover at least a 1" margin of intact skin around the wound.
2. Wash your hands and don gloves.
3. Cleanse the wound with normal saline or a commercial wound cleanser according to your institutional protocol.
4. Open the package, using aseptic technique. Reglove.
5. Following the application instructions described on the package, peel back and remove the paper backing.
6. Fit the dressing into a gluteal fold and smooth outward over the buttocks.

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Application:



POLYSKIN* II Transparent Film Dressing

1. When applying a dressing, choose the size that will cover about a 1" margin of clear skin around the reddened area for best fit and adherence.
2. Wash your hands and don gloves.
3. Cleanse the wound with normal saline or a commercial wound cleanser according to your institutional protocol.
4. Open the package, using clean technique. Reglove.
5. Peel back at the #1 tab and remove the paper backing. Note the dressing will curl slightly to allow you to apply with the adhesive side down, without sticking to your gloves.
6. Slowly peel back the clear plastic cover at the #2 tab and smooth the dressing gently over the skin.
7. If applying over a heel or elbow, cut the dressing as shown to remove excess dressing material. This will be more comfortable for the patient and will increase wear time. Be sure when cutting the dressing that you do not completely remove either the #1 or #2 tabs, as these are necessary for application.
8. This dressing should be changed every three to seven days. However, if you see fluid extending to the film edges or the dressing edges begin to lift or curl, change the dressing promptly.

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POLYSKIN	Tyco Healthcare Group LP
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ULTEC	Sherwood Services AG